

Current Record Holders as of 2025



100 Metres (Female)

Event Code	Record Holders	Agency	Time	Year
70A1F (00)	Terry CATER	VIPO	12.40s	1983
70A1F (30)	Tamara HAMOND	VIPO	11.37s	2012
70A1F (35)	Anne FIEDLER	VIFI	12.86s	2009
70A1F (40)	Anne FIEDLER	VIFI	13.38s	2017
70A1F (45)	Kate BUCKERIDGE	VIPO Ret	13.43s	2005
70A1F (50)	Gaelyne KENSHOLE	VIPO	16.00s	2021
70A1F (55)	Maria LISSENBURG	VICF	16.46s	2019
70A1F (60)				
70A1F (65)				
70A1F (70)				
70A1F (75)				

100 Metres (Male)

Event Code	Record Holders	Agency	Time	Year
70A1M (00)	Adrian SCOTT	VIPO	10.75s	1984
70A1M (30)	Shaun TAYLOR	VIPO	10.98s	2017
70A1M (35)	Shane WEEKS	VIPO	11.32s	1998
70A1M (40)	Kelvin PEART	VIPO	11.50s	1984
70A1M (45)	Bernie SMITH	VIFI	12.08s	2005
70A1M (50)	Antony LANGDON	VICF	11.66s	2019
70A1M (55)	Trevor DESS	DELWP	13.25s	2017
70A1M (60)	David WILKINS	VIPO	13.31s	2019
70A1M (65)	Harvey CLEGGETT	VIPO Ret	15.90s	2017
70A1M (70)	Harvey CLEGGETT	VIPO Ret	15.10s	2021
70A1M (75)	Gordon GOURLAY	VIPO Ret	19.05s	2008
70A1M (80)				
70A1M (85)	Colin SILCOCK-DELANEY	VICF Ret	28.04s	2019
70A1M (90)				

200 Metres (Female)

Event Code	Record Holders	Agency	Time	Year
70B1F (00)	Terry CATER	VIPO	25.30s	1983
70B1F (30)	Alison SPONG	VIAM	27.40s	2015
70B1F (35)	Anne FIEDLER	VIFI	27.21s	2009
70B1F (40)	Anne FIEDLER	VIFI	27.73s	2017
70B1F (45)	Kate BUCKERIDGE	VIPO Ret	28.20s	2005
70B1F (50)	Gaelyne KENSHOLE	VIPO	32.90s	2021
70B1F (55)	Maria LISSENBURG	VICF	38.32s	2019
70B1F (60)				
70B1F (65)				
70B1F (70)				
70B1F (75)				

Current Record Holders as of 2025

200 Metres (Male)

Event Code	Record Holders	Agency	Time	Year
70B1M (00)	Shaun TAYLOR	VIPO	21.65s	2012
70B1M (30)	Shaun TAYLOR	VIPO	22.85s	2017
70B1M (35)	Shaun TAYLOR	VIPO	23.70s	2021
70B1M (40)	Kelvin PEART	VIPO	23.80s	1984
70B1M (45)	Bernie SMITH	VIFI	24.58s	2005
70B1M (50)	Jim CURRELL	VIPO	25.53s	2013
70B1M (55)	Trevor DESS	DELWP	26.99s	2017
70B1M (60)	Harvey CLEGGETT	VIPO Ret	29.03s	2013
70B1M (65)	Harvey CLEGGETT	VIPO Ret	32.98s	2017
70B1M (70)	Harvey CLEGGETT	VIPO Ret	33.40s	2021
70B1M (75)	Robert L SOULSBY	VIFI Ret	43.40s	2009
70B1M (80)	Colin SILCOCK-DELANEY	VICF Ret	52.47s	2013
70B1M (85)	Colin SILCOCK-DELANEY	VICF Ret	01:11.65s	2019
70B1M (90)				

400 Metres (Female)

Event Code	Record Holders	Agency	Time	Year
70C1F (00)	Terry CATER	VIPO	57.97s	1983
70C1F (30)	Renee DRYSDALE	VICF	01:09.06s	2017
70C1F (35)	Anne FIEDLER	VIFI	01:01.55s	2009
70C1F (40)	Phillipa EDGELL	VIPO	01:09.78s	1991
70C1F (45)	Phillipa EDGELL	VIPO	01:12.89s	1999
70C1F (50)	Kara GILBERT	FRV	01:18.50s	2022
70C1F (55)	Dianne PALANCA	VIAM	01:49.96s	2015
70C1F (60)				
70C1F (65)				
70C1F (70)				

400 Metres (Male)

Event Code	Record Holders	Agency	Time	Year
70C1M (00)	Chris PEGG	VIPO	49.71s	1984
70C1M (30)	Steve DANILIUK	VIPO	53.47s	1985
70C1M (35)	Shaun TAYLOR	VIPO	54.41s	2022
70C1M (40)	Kelvin PEART	VIPO	52.51s	1984
70C1M (45)	Bernie SMITH	VIFI	55.00s	2005
70C1M (50)	Bert GAUDION	VIPO	59.04s	1986
70C1M (55)	Bert GAUDION	VIPO	01:01.41s	1989
70C1M (60)	Gordon GOURLAY	VIPO Ret	01:07.40s	1997
70C1M (65)	Harold JACOTINE	VISO	01:29.29s	2008
70C1M (70)	Gordon GOURLAY	VIPO Ret	01:30.34s	2005
70C1M (75)	Colin SILCOCK-DELANEY	VICF Ret	02:08.95s	2008
70C1M (80)	Colin SILCOCK-DELANEY	VICF Ret	02:17.28s	2015
70C1M (85)	Colin SILCOCK-DELANEY	VICF Ret	02:48.00s	2019

Current Record Holders as of 2025

800 Metres (Female)

Event Code	Record Holders	Agency	Time	Year
70D1F (00)	Terry CATER	VIPO	02:10.53s	1983
70D1F (30)	Aleara WALLACE	VICV	02:29.13s	2021
70D1F (35)	Susan MACKO	VICO	02:27.80s	1997
70D1F (40)	Phillipa EDGELL	VIPO	02:42.04s	1991
70D1F (45)	Phillipa EDGELL	VIPO	02:51.80s	1997
70D1F (50)	Kara Gilbert GILBERT	FRV	02:57.89s	2022
70D1F (55)				
70D1F (60)	Jo O'SHAUGHNESSY	VICSES	3:55.39	2024
70D1F (65)				
70D1F (70)				

800 Metres (Male)

Event Code	Record Holders	Agency	Time	Year
70D1M (00)	Stephen CROWE	VIPO	01:55.85s	1986
70D1M (30)	Christopher BELL	VIPO	02:02.50s	1994
70D1M (35)	Steve DANILIUK	VIPO	02:07.04s	1991
70D1M (40)	Russell JOHNSON	VIFI	02:09.10s	1996
70D1M (45)	Arthur McCARTHY	VIPO	02:09.54s	1989
70D1M (50)	Bert GAUDION	VIPO	02:11.49s	1984
70D1M (55)	Bert GAUDION	VIPO	02:21.38s	1990
70D1M (60)	Alan BENNIE	AUCU Ret	02:41.00s	2008
70D1M (65)	Russell JOHNSON	VIFI Ret	02:53.41s	2018
70D1M (70)	Harold JACOTINE	VISO	03:50.00s	2013
70D1M (75)	Colin SILCOCK-DELANEY	VICF Ret	04:22.36s	2005
70D1M (80)	Colin SILCOCK-DELANEY	VICF Ret	05:13.02s	2015
70D1M (85)	Colin SILCOCK-DELANEY	VICF Ret	04:42.00s	2019

1500 Metres (Female)

Event Code	Record Holders	Agency	Time	Year
70E1F (00)	Olivia ATTARD	DELWP	04:42.75s	2025
70E1F (30)	Susan MACKO	VICO	05:01.60s	1994
70E1F (35)	Susan MACKO	VICO	05:14.90s	1997
70E1F (40)	Phillipa EDGELL	VIPO	05:57.01s	1991
70E1F (45)	Phillipa EDGELL	VIPO	06:21.30s	1998
70E1F (50)	Sue THOMPSON-NASH	VIAM	06:19.14s	2015
70E1F (55)	Sue THOMPSON-NASH	VIAM	06:21.34s	2017
70E1F (45)				
70E1F (50)				
70E1F (55)				

Current Record Holders as of 2025

1500 Metres (Male)

Event Code	Record Holders	Agency	Time	Year
70E1M OPEN	David EADIE	VIPO	04:08.58s	1999
70E1M (30)	Paul CONNOR	VIPO	04:18.90s	1996
70E1M (35)	Paul CONNOR	VIPO	04:20.20s	1998
70E1M (40)	Russell JOHNSON	VIFI	04:19.60s	1996
70E1M (45)	Russell JOHNSON	VIFI	04:25.62s	1999
70E1M (50)	Russell JOHNSON	VIFI	04:37.20s	2003
70E1M (55)	Bert GAUDION	VIPO	04:49.75s	1990
70E1M (60)	Russell JOHNSON	VIFI	05:20.20s	2015
70E1M (65)	Russell JOHNSON	VIFI Ret	05:58.63s	2018
70E1M (70)	Harold JACOTINE	VISO	08:12.12s	2013
70E1M (75)	Colin SILCOCK-DELANEY	VICF Ret	09:30.26s	2008
70E1M (80)	Colin SILCOCK-DELANEY	VICF Ret	09:02.11s	2015
70E1M (85)	Colin SILCOCK-DELANEY	VICF Ret	11:32.23s	2019
70E1M (90)				

5000 Metres (Female)

Event Code	Record Holders	Agency	Time	Year
70F1F (00)	Susan CASE	VIPO	18:11.00s	1996
70F1F (30)	Fiona NOBLE	VIAM	20:59.00s	2012
70F1F (35)	Susan MACKO	VICO	19:35.00s	1997
70F1F (40)	Francesca REID	VIPO	21:08.49s	2010
70F1F (45)	Tania LEWIS	VIPO Ret	22:19.43s	2010
70F1F (50)	Nadine EDWARDS	DJPR	23:25.04s	2022
70F1F (55)	Bronwyn KEENAN	VIAM	32:24.87s	2021
70F1F (60)	Bronwyn KEENAN	VIAM	30:37.00s	2024
70F1F (65)				
70F1F (70)				

5000 Metres (Male)

Event Code	Record Holders	Agency	Time	Year
70F1M (00)	David EADIE	VIPO	14:57.00s	1991
70F1M (30)	David EADIE	VIPO	15:34.05s	2001
70F1M (35)	Martin LEGGETT	VIPO	16:28.00s	1994
70F1M (40)	Russell JOHNSON	VIFI	16:32.60s	1994
70F1M (45)	Peter HUNT	VIFI	15:36.50s	1994
70F1M (50)	Peter HUNT	VIFI	17:05.05s	1998
70F1M (55)	Peter LIEGH	VICO	18:00.00s	1994
70F1M (60)	Alex FINLAY	WSV	19:31.28s	2022
70F1M (65)	Peter McCAFFREY	CFA	23:02.00s	2024
70F1M (70)	Russell JOHNSON	FRV Ret	28:24.20	2025
70F1M (75)	Colin SILCOCK-DELANEY	VICF Ret	35:06.00s	2008
70F1M (80)	Colin SILCOCK-DELANEY	VICF Ret	38:40.00s	2013

10000 Metres (Female)

Event Code	Record Holders	Agency	Time	Year
70G1F (00)	Susan PAGE	VIPO	42:17.00s	1990
70G1F (30)	Alison CHAPMAN	VIPO	44:23.00s	1998
70G1F (35)	Dianne MCGRATH	VIPO	40:47.00s	1998
70G1F (40)	Phillipa EDGELL	VIPO	48:23.00s	1992
70G1F (45)				
70G1F (50)	Anita LUTZ	SES	1:07:46.46	2025

Current Record Holders as of 2025

10000 Metres (Male)

Event Code	Record Holders	Agency	Time	Year
70G1M (00)	David EADIE	VIPO	31:51.00s	1999
70G1M (30)	Charles GILBERT	VIAV	33:57.00s	1994
70G1M (35)	Michael VAUGHAN	VIPO	34:20.86s	2021
70G1M (40)	Russell JOHNSON	VIFI	34:48.00s	1994
70G1M (45)	Peter HUNT	VIFI	32:43.00s	1994
70G1M (50)	Peter HUNT	VIFI	34:38.00s	1998
70G1M (55)	Peter LEIGH	VICO	38:01.00s	1994
70G1M (60)	Alex FINLAY	WorkSafe	38:40.78s	2021
70G1M (65)	Russell JOHNSON	VIFI Ret	45:27.52s	2021
70G1M (70)	Colin Joseph SILCOCK-DELANEY	VICF Ret	66:55.00s	2004

110 Metre Hurdles (Female)

Event Code	Record Holders	Agency	Time	Year
70H1F (00)	Anna-Lisa LEB	VIPO	17.61s	1992
70H1F (30)	Anna-Lisa LEB-WHITEHALL	VIPO	20.70s	1996
70H1F (35)	Anna-Lisa VINSON (nee WHITEHALL)	VIPO	23.09s	2001
70H1F (40)				
70H1F (45)				
70H1F (50)	Gaelyne KENSHOLE	VIPO	18.94s	2024
70H1F (55)				

110 Metre Hurdles (Male)

Event Code	Record Holders	Agency	Time	Year
70H1M (00)	David WILKINS (hurdles set at 3' 3")	VIPO	15.43s	1981
70H1M (00)	Mark WEDEKIND	VIPO	16.09s	1991
70H1M (30)	Ray DE KONING	VIPO	17.05s	1990
70H1M (35)	Ray DE KONING	VIPO	17.80s	1992
70H1M (40)	Arthur MCCARTHY	VIPO	20.12s	1986
70H1M (45)	Arthur MCCARTHY	VIPO	19.53s	1989
70H1M (50)	Ian STEWART	VIPO	20.41s	1986
70H1M (55)	Ian STEWART	VIPO Ret	20.00s	1991
70H1M (60)	Gordon GOURLAY	VIPO Ret	20.90s	1994

400 Metre Hurdles (Female)

Event Code	Record Holders	Agency	Time	Year
70I1F (00)	Julie NILSSON	VIPO	01:19.20s	1986
70I1F (30)	Anna-Lisa LEB-WHITEHALL	VIPO	01:30.50s	1996
70I1F (35)	Susan MACKO	VICO	01:23.40s	1997
70I1F (40)				
70I1F (45)				
70I1F (50)	Gaelyne KENSHOLE	VIPO	01:10.07s	2024

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400 Metre Hurdles (Male)

Event Code	Record Holders	Agency	Time	Year
70I1M (00)	Eric BROUWERS	VIPO	00:59.70s	1996
70I1M (30)	Ray DE KONING	VIPO	01:04.10s	1988
70I1M (35)	Bob POWLES	VIPO	01:06.30s	1988
70I1M (40)	Arthur MCCARTHY	VIPO	01:08.12s	1986
70I1M (45)	Arthur MCCARTHY	VIPO	01:08.74s	1989
70I1M (50)	Ian STEWART	VIPO	01:10.00s	1987
70I1M (55)	James SCHROETER	VIPO	01:18.76s	2025
70I1M (60)				

3000 Metres Walk (Female)

Event Code	Record Holders	Agency	Time	Year
70J1F (00)	Yvonne WATERS	VIPO	13:50.33s	1993
70J1F (30)	Lisa JASPER	VIPO	20:21.74s	1996
70J1F (35)	Sarah BRENNAN	VIAM	15:36.00s	2012
70J1F (40)	Sarah BRENNAN	VIAM	15:35.98s	2021
70J1F (45)	Janet HATFIELD	VICO	19:28.50s	1996
70J1F (50)	Jule SYME	WISE	23:58.03s	2013
70J1F (55)	Valma WALSH	VIPO Ret	22:13.89s	1993
70J1F (60)	Valma WALSH	VIPO Ret	22:30.00s	1999
70J1F (65)	Frances EVANS	VLSV Ret	23:25.00s	2008
70J1F (70)	Valma WALSH	VIPO Ret	22:20.00s	2005
70J1F (75)	Valma WALSH	VIPO Ret	23:52.17s	2010
70J1F (80+)	Valma WALSH	VIPO Ret	27:49.72s	2015

3000 Metres Walk (Male)

Event Code	Record Holders	Agency	Time	Year
70J1M (00)	Stephen BOURKE	VIPO	13:04.00s	1988
70J1M (30)	Kevin CASSIDY	VIFI	14:41.64s	1993
70J1M (35)	Kevin CASSIDY	VIFI	14:24.00s	1998
70J1M (40)	Andrew PARKER	VISO	14:25.00s	1998
70J1M (45)	Kevin CASSIDY	VIFI	15:46.39s	2010
70J1M (50)	Kevin CASSIDY	VIFI	14:42.00s	2011
70J1M (55)	Kevin CASSIDY	VIFI	15:09.90s	2018
70J1M (60)	Kevin CASSIDY	VIFI	14:56.93s	2021
70J1M (65)	Kevin CASSIDY	VIFI	17:28.24s	2025
70J1M (70)	Colin SILCOCK-DELANEY	VICO Ret	20:08.00s	2004
70J1M (75)	Colin SILCOCK-DELANEY	VICO Ret	21:05.00s	2008
70J1M (80)	Colin SILCOCK-DELANEY	VICO Ret	22:28.00s	2013
70J1M (85)				
70J1M (90)				

2000 Metres Steeplechase (Female)

Event Code	Record Holders	Agency	Time	Year
70K1F (00)	Annie FROSTICK	VIPO	10:45.79s	1999

3000 Metres Steeplechase (Female)

Event Code	Record Holders	Agency	Time	Year
70K1F (00)	Gemma Lee HAMILTON	VIPO	10:22.76s	2003

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3000 Metres Steeplechase (Male)

Event Code	Record Holders	Agency	Time	Year
70K1M (00)	Adrian ROUT	VIPO	09:57.00s	1997
70K1M (30)	Trevor PHILPOT	VIPO	10:39.00s	1997
70K1M (35)	Robin LEWIS	VIPO	11:20.00s	1988
70K1M (40)	Russell JOHNSON	VIFI	10:48.40s	1996
70K1M (45)	Russell JOHNSON	VIFI	10:39.00s	1998
70K1M (50)	Alan BENNIE	AUCU	10:54.00s	1997
70K1M (55)	Bert GAUDION	VIPO	13:19.30s	1989

Discus (Female)

Event Code	Record Holders	Agency	Distance	Year
70L1F (00)	Natalie DEBELJUH	VIFI	38.31m	2021
70L1F (30)	Natalie DEBELJUH	VIFI	38.31m	2021
70L1F (35)	Natalie DEBELJUH	VIFI	36.12m	2025
70L1F (40)	Nicole TIBOS	VIAM	27.99m	2013
70L1F (45)	Michelle SPARKS	VIPO	24.34m	2008
70L1F (50)	Michelle SPARKS	VIPO	18.73m	2017
70L1F (55)	Valma WALSH	VIPO Ret	24.50m	1992
70L1F (60)	Valma WALSH	VIPO Ret	25.13m	1999
70L1F (65)	Evelyn YOUNG	WISE	12.86m	2023
70L1F (70)	Valma WALSH	VIPO Ret	23.32m	2005
70L1F (75)	Valma WALSH	VIPO Ret	19.85m	2009
70L1F (80+)	Valma WALSH	VIPO Ret	14.31m	2015

Discus (Male)

Event Code	Record Holders	Agency	Distance	Year
70L1M (00)	David GEE	VIPO	38.38m	1983
70L1M (30)	Robert GROVES	VICF	35.22m	1998
70L1M (35)	Steven DORMAN	VIFI	34.46m	1997
70L1M (40)	Sean CURTIN	WISE	34.21m	2018
70L1M (45)	Sean CURTIN	WISE	36:22m	2023
70L1M (50)	Robert IRVINE	VIPO	38.32m	1996
70L1M (55)	Craig DUNSHEA	VICO	28.68m	2017
70L1M (60)	Craig DUNSHEA	VICO	34.84m	2022
70L1M (65)	John NEALE	VLSV	30.04m	2017
70L1M (70)	John NEALE	LSV	24.63m	2018
70L1M (75)	Robert SOULSBY	VIFI Ret	16.69m	2010
70L1M (80)	Robert SOULSBY	VIFI Ret	10.91m	2015

Hammer Throw (Female)

Event Code	Record Holders	Agency	Distance	Year
70M1F (00)	Roslyn V. WILSON	VIPO	25.93m	1988
70M1F (35)	Jill WOOD	VIPO	16.02m	1988

Hammer Throw (Male)

Event Code	Record Holders	Agency	Distance	Year
70M1M (00)	Henry VAN ANDEL	VIPO	42.51m	1988
70M1M (30)	Henry VAN ANDEL	VIPO	39.26m	1991
70M1M (35)	David WILKINS	VIPO	24.04m	1993
70M1M (40)	Geoff NASH	VIPO	24.50m	1994
70M1M (45)	Richard PATON	VIPO	21.51m	1993
70M1M (50)	Bob DEGG	VIPO Ret	32.64m	1993
70M1M (55)	Ian STEWART	VIPO Ret	20.38m	1991

Current Record Holders as of 2025

70M1M (60)	Frank WILLIAMS	VIPO Ret	25.92m	1991
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High Jump (Female)

Event Code	Record Holders	Agency	Height	Year
70N1F (00)	Adele TIERNEY	VIPO	1.55m	1988
70N1F (30)	Heather WYLIE Yiota CARABOURNIOTIS	VIPO VICF	1.45m	1990 2023
70N1F (35)	Mary Bernadette GRAU	VIPO	1.25m	2003
70N1F (40)	Janine SEIVERS	VICO	1.40m	2009
70N1F (45)	Phillipa EDGELL	VIPO	1.25m	1999
70N1F (50)	Gaelyne KENSHOLE	VIPO	1.15m	2022

High Jump (Male)

Event Code	Record Holders	Agency	Height	Year
70N1M OPEN	Mark TREGALLAS	VIPO	2.05m	2013
70N1M (30)	Duncan BROOKS	VIPO	1.81m	2005
70N1M (35)	David WILKINS	VIPO	1.70m	1994
70N1M (40)	Peter SMITH	VIPO	1.70m	2001
70N1M (45)	David WILKINS	VIPO	1.55m	2004
70N1M (50)	David WILKINS	VIPO	1.50m	2008
70N1M (55)	Gordon GOURLAY	VIPO Ret	1.55m	1988
70N1M (60)	Gordon GOURLAY	VIPO Ret	1.40m	1990
70N1M (65)	Robert L SOULSBY David WILKINS	VIFI VIPO	1.15m	2003 2023
70N1M (70)	Gordon GOURLAY	VIPO Ret	1.30m	2004
70N1M (75)	Gordon GOURLAY	VIPO Ret	1.15m	2008

Javelin (Female)

Event Code	Record Holders	Agency	Distance	Year
70O1F (00)	Anna-Lisa LEB	VIPO	31.18m	1990
70O1F (30)	Natalie DEBELJUH	VIFI	31.05m	2021
70O1F (35)	Natalie DEBELJUH	VIFI	29.48m	2025
70O1F (40)	Susan THOMPSON-NASH	VIAV	28.12m	2005
70O1F (45)	Kelly CARVILL	VIPO	25.35m	2017
70O1F (50)	Sue THOMPSON-NASH	VIAM	30.75m	2015
70O1F (55)	Sue THOMPSON-NASH	VIAM	27.80m	2017
70O1F (60)	Valma WALSH	VIPO Ret	26.61m	1998
70O1F (70)	Valma WALSH	VIPO Ret	23.46m	2008
70O1F (75)	Valma WALSH	VIPO Ret	20.07m	2010
70O1F (80+)	Valma WALSH	VIPO Ret	13.75m	2015

Javelin (Male)

Event Code	Record Holders	Agency	Distance	Year
70O1M (00)	Jeremy OLIVER	VIPO	58.32m	1988
70O1M (30)	Robert GROVES	VICF	51.72m	1999
70O1M (35)	Robert GROVES	VICF	49.70m	2000
70O1M (40)	Robert GROVES	VICF	47.74m	2005
70O1M (45)	Robert GROVES	VICF	42.45m	2013
70O1M (50)	Robert GROVES	VICF	43.33m	2018
70O1M (55)	Harvey CLEGGETT	VIPO	36.78m	2007
70O1M (60)	Harvey CLEGGETT	VIPO Ret	35.65m	2012
70O1M (65)	David WILKINS	VIPO	24.45m	2024
70O1M (70)	Harvey CLEGGETT	VIPO Ret	30.18m	2021
70O1M (75)	Robert L SOULSBY	VIFI Ret	13.14m	2009
70O1M (80)	Robert L SOULSBY	VIFI Ret	9.21	2015

Current Record Holders as of 2025

Long Jump (Female)

Event Code	Record Holders	Agency	Distance	Year
70P1F (00)	Julianne NILSSON	VIPO	4.79m	1986
70P1F(30)	Alison SPONG	VIAM	5.14m	2015
70P1F (35)	Mary Bernadette GRAU	VIPO	4.22m	2003
70P1F (40)	Kate BUCKERIDGE	VIPO	4.27m	2003
70P1F (45)	Phillipa EDGELL	VIPO	4.31m	1999
70P1F (50)	Gaelyne KENSHOLE	VIPO	3.97m	2022
70P1F (55)	Christine GRIFFITHS	VISJ	2.19m	2007

Long Jump (Male)

Event Code	Record Holders	Agency	Distance	Year
70P1M (00)	David WILKINS	VIPO	6.81m	1981
70P1M (30)	Ray DE KONING	VIPO	6.25m	1990
70P1M (35)	Ray MCLEOD-DRYDEN	VIPO	6.41m	1986
70P1M (40)	Paul HARRIS	VIPO	5.54m	2008
70P1M (45)	Henry BARTON	VICF	5.31m	2001
70P1M (50)	James SCHROETER	VIPO	4.76m	2023
70P1M (55)	James SCHROETER	VIPO	4.71m	2025
70P1M (60)	David WILKINS	VIPO	4.17m	2019
70P1M (65)	David WILKINS	VIPO	3.89m	2023
70P1M (70)	Robert L SOULSBY	VIFI Ret	3.16m	2004
70P1M (75)	Robert L SOULSBY	VIFI Ret	2.11m	2009
70P1M (80)	Robert L SOULSBY	VIFI Ret	1.22m	2015

Shot Put (Female)

Event Code	Record Holders	Agency	Distance	Year
70Q1F (00)	Michelle SPARKS	VIPO	10.49m	1996
70Q1F (30)	Natalie DEBELJUH	VIFI	10.61m	2021
70Q1F (35)	Natalie DEBELJUH	VIFI	10.14m	2025
70Q1F (40)	Nicole TIBOS	VIAM	9.51m	2013
70Q1F (45)	Michelle SPARKS	VIPO	8.57m	2008
70Q1F (50)	Gaelyne KENSHOLE	VIPO	8.40m	2022
70Q1F (55)	Michelle SPARKS	VIPO	8.00m	2022
70Q1F (60)	Michelle SPARKS	VIPO	7.72m	2023
70Q1F (70)	Valma WALSH	VIPO Ret	6.13m	2004
70Q1F (75)	Valma WALSH	VIPO Ret	5.59m	2010
70Q1F (80+)	Valma WALSH	VIPO Ret	5.39m	2017

Shot Put (Male)

Event Code	Record Holders	Agency	Distance	Year
70Q1M (00)	Peter WICKHAM	VIPO	12.36m	1996
70Q1M (30)	Corrie VERHEY	VIPO	12.21m	1988
70Q1M (35)	Sean CURTIN	VIEC	11.38m	2012
70Q1M (40)	Shane O'SULLIVAN	VIPO	11.21m	2003
70Q1M (45)	Sean CURTIN	WISE	10.70m	2024
70Q1M (50)	Craig DUNSHEA	VICO	11.55m	2012
70Q1M (55)	Craig DUNSHEA	VICO	10.34m	2017
70Q1M (60)	Craig DUNSHEA	VICO	11.03m	2022
70Q1M (65)	David WILKINS	VIPO	9.38m	2023
70Q1M (70)	Robert SOULSBY	VIFI Ret	7.44m	2004
70Q1M (75)	Robert SOULSBY	VIFI Ret	7.50m	2010

Current Record Holders as of 2025

Triple Jump (Female)

Event Code	Record Holders	Agency	Distance	Year
70R1F (00)	Julianne NILSSON	VIPO	9.70m	1986
70R1F (30)	Alison SPONG	VIAM	10.00m	2015
70R1F (35)	Janine SEIVERS	VICO	9.21m	2008
70R1F (40)	Sophie TODOROV	VIPO	8.55m	2017
70R1F (45)	Phillipa EDGELL	VIPO	7.65m	1998
70R1F (50)	Gaelyne KENSHOLE	VIPO	8.66m	2022

Triple Jump (Male)

Event Code	Record Holders	Agency	Distance	Year
70R1M (00)	David WILKINS	VIPO	13.41m	1984
70R1M (30)	Ray DE KONING	VIPO	12.64m	1989
70R1M (35)	Ray DE KONING	VIPO	11.84m	1993
70R1M (40)	Terence KIMPTON	VIFI	11.33m	1999
70R1M (45)	Henry BARTON	VICF	10.75m	2002
70R1M (50)	James SCHROETER	VIPO	9.62m	2023
70R1M (55)	James SCHROETER	VIPO	9.76m	2025
70R1M (60)	Gordon GOURLAY	VIPO Ret	8.92m	1992
70R1M (65)	David WILKINS	VIPO	8.98m	2023
70R1M (70)	Robert L SOULSBY	VIFI Ret	6.59m	2004
70R1M (75)	Robert L SOULSBY	VIFI Ret	4.49m	2009

Decathlon (Female)

Event Code	Record Holders	Agency	Points	Year
FO	Bev GREEN	VIPO	3794	1985
F30				

Decathlon (Male)

Event Code	Record Holders	Agency	Points	Year
MO	David WILKINS	VIPO	5870	1981
M30	Ray MCLEOD-DRYDEN	VIPO	4819	1984
M35	Ray MCLEOD-DRYDEN	VIPO	4772	1986
M40	David WOOKEY	VIPO Ret	2770	1988
M50	Ian STEWART	VIPO Ret	3061	1987
M55	Gordon GOURLAY	VIPO Ret	2316	1988
M60				

Heptathlon (Female)

Event Code	Record Holders	Agency	Points	Year
FO	Dianne BLAIR	VIPO	3711	1989
F30	Patsi BODDISON	VIPO	2383	1988

Pentathlon (Female)

Event Code	Record Holders	Agency	Points	Year
FO	Bev GREEN	VIPO	2073	1985
F30	Patsi BODDISON	VIPO	1203	1988

Current Record Holders as of 2025

Pentathlon (Male)

Event Code	Record Holders	Agency	Points	Year
MO	Stephen TAYLOR	VIPO	3182	1982
M30	Stephen TAYLOR	VIPO	2534	1987
M35	Greg KNOX	VIPO	2378	1984
M40	Bill GAYTHER	VIPO	2141	1986
M45	Bill GAYTHER	VIPO	2170	1990
M50	Ian STEWART	VIPO Ret	1151	1987
M55				

4x100 Metres Relay (4) (Female)

Event Code	Record Holders	Agency	Time	Year
70S1F (00)	City Traffic	VIPO	00:56.09s	1986

4x100 Metres Relay (4) (Male)

Event Code	Record Holders	Agency	Time	Year
70S1M (00)	"I" District	VIPO	00:44.70s	1984

4x400 Metres Relay (4) (Female)

Event Code	Record Holders	Agency	Time	Year
70T1F (00)	Frankston	VIPO	04:58.79s	1989

4x400 Metres Relay (4) (Male)

Event Code	Record Holders	Agency	Time	Year
70T1M (00)	SOG No 1	VIPO	03:42.00s	1994

4x200 Metres Relay (4) (Male)

Event Code	Record Holders	Agency	Time	Year
70U1M (00)	SOG	VIPO	01:40.30s	1998

Swedish Relay (4) (Male)

Event Code	Record Holders	Agency	Time	Year
70V1M (00)	"J" District	VIPO	03:53.70s	1997